Let It Snow

Darrell Fusaro (December 26, 2015)



A slight modification to the lyrics of this popular Dean Martin Christmas song can free you up for a lifetime of happiness.

"Celebration is a forgetting in order to remember. A forgetting of ego, of problems, of difficulties. A letting go." -Matthew Fox

I like hearing Christmas music during this time of year. Lately I've been enjoying releasing my mental grip on the steering wheel by singing, "Let it go! Let it go! Let it go!" to the tune of Let It Snow! [2]. The chorus is sung with such joyful abandon that my willful mind can't resist letting go. Whatever it is, "Let it go! Let it go! Let it go!"

A slight modification to the lyrics of this popular Dean Martin Christmas song can free you up for a lifetime of happiness. I can already tell this is the one Christmas song I'll be singing throughout the year. Truth is; now that I let it into my head it's become an ear-worm, I can't shake it. In this case that's a blessing.

"There is no need for perfection in our celebration." -Anonymous

-Darrell Fusaro

Darrell Fusaro is the author of <u>What If Godzilla Just Wanted a Hug?</u> [3] and co-host of the <u>Funniest Thing! with Darrell and Ed</u> [4] podcast

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